

Health Care

Medication and Allergies

All guardians must fill out a form about the student's health condition, such as any permanent medication, allergies, asthma, diabetes, epilepsy and the like. This information will be stored in the school's digital archive. In addition, Stjørdal municipality's routine for drug handling in kindergarten, school and SFO applies.

School Nurse

The school nurse in Stjørdal municipality has office hours at Fagerhaug every Thursday. In addition to follow-up of vaccination programs and controls, she is also available for consultations with the students. Appointments can be made through the school's office or contact teacher.

School health services aims to prevent injury and illness, and promote the overall health of the students in collaboration with home, school and healthcare provider. They focus on topics such as nutrition, development of social skills, physical activity, mental health, substance abuse, puberty development, personal hygiene, outdoor and indoor environment, where the school plays an important role, with support from the school nurse. The school nurse takes care of the confidential information and would not disclose them without consent. If there is a need for referral to specialist services, this will be done in cooperation with the parents/guardians. The vision and hearing test can be taken as needed.

Responsibilities of the school:

- Ensure interdisciplinary cooperation for students with special needs
- Open door for the students
- Group discussions with students
- Individual conversations with students as needed
- Vaccination by recommended program
- Monthly meetings with the principal, PPT, and inspector
- Participate in the school's interdisciplinary team

School health services for children:

5-years old:	school examination; physical examination, hearing examination, weight/height measurement, conversation with parents and pupils
2nd grade:	vaccination for diphtheria, tetanus, pertussis (whooping cough), polio
3rd grade:	group discussion about health education (nutrition, well-being, etc.), height/weight measurements
6th grade:	group discussion about puberty, vaccination for measles, mumps, rubella
7th grade:	vaccination for HPV virus for girls

School health services for youth:

Students can come and talk and get guidance on things they are concerned with like well-being, friendship, bullying, admiration, sadness, worries, body, diet, sexuality, etc. · Students and parents can contact without appointment. Please feel free to contact the office during opening hours or you can make an appointment in advance by telephone or mail.

8th grade:	focusing on mental health, height/weight measurements
9th grade:	focusing on the topic of sexuality and contraception
10th grade:	polio

The school nurse would like to work closely with students, home and school. She offers various forms of supervision, individually and in groups.

Dental Services

The public dental service shall provide a regular and outreach offer for children and adolescents from birth to the age of 18.

Speech Therapy

Students can get help with different language problems and can be tested if one suspects dyslexia or other language difficulties. The municipality of Stjørdal has now received a low-threshold offer, and the therapists are available once a month. Guardians can book an hour with a speech therapist via school, or teachers can contact on the student's behalf, with permission from the guardian. The speech therapist can refer the student to PPT when needed.

Child Welfare Service

Child welfare works according to an overall principle: Child's best! Fagerhaug is bound by the obligation to provide information, cf. Child Welfare Act §15-3. We emphasize open communication with guardians. When there is a concern, FINT emphasizes open communication with guardians and child welfare services, provided that it does not violate the Child Welfare Act.

Child and Adolescent Psychiatry (BUP)

In consultation with students, parents or guardians, BUP cooperates with the school, PPT services, health center and/or social services in the municipality.

Guardians can contact BUP directly. The health center, doctor, kindergarten and schools can also refer to BUP.

Individual and/or family therapy can be provided. At BUP, there are doctors, psychologists, social workers and educators on duty. Everyone has confidentiality and the offer is free.